



The Forbidden Fruit

Sixth additional chapter:

For thousands of years, the human world has lived with the belief that it is isolated from Paradise thanks to the fall of Adam and Eve. It is not known when these two sinned - 4,000, 8,000 or 50,000 years ago, according to some researchers, we cannot say for sure. But have we ever wondered, "**Isn't the mistake the right one?**"

Over the last four thousand years, a number of philosophers and leaders of the nations of the world have been actively trying to impose models of the Fall through myths, legends and religions that instill fear of God, but the essence of the sinful act somehow escapes human focus. Today we watch the news on television and irresponsibly allow them to determine our opinion of the world. **Every day we ask ourselves, "When will this world be healed?" and we almost never realize that the world is exactly as it should be - today!**

Is it at this very moment somewhere in the world that some Adam or some Eve is sinning? Hasn't the Fall been repeated many times every day for thousands of years since man was created? **God created Paradise** with all His Love and entrusted it to man Adam and his wife Eve, with the faith and trust that they will take care of Paradise with the care of good masters. The only covenant (p.42) God makes with Adam and Eve is not to taste the forbidden fruit that will give them **the knowledge of good and evil**. Driven by curiosity and doubt as to whether they can achieve more than what God has given them, they break their promise by **abusing God's trust**.

By this act, Adam and Eve themselves give up their relationship with God and the gifts of his Love. By expelling them from Paradise and sending them out into the world, God is actually **fulfilling their desire to build their own lives as they see fit**. Falling under the weight of the material world, Adam and Eve realized their mistake and began to pray for God's forgiveness and favor, to bring them back to Paradise - the world of daydreams, plenty and enjoyment. Because **a desire can build or corrupt the world for millennia** to come, but no desire can destroy it. The Strong Will can destroy the World and can withstand the destructive forces, but it cannot create the World again. Only Love is the one that can build and destroy Life, as and when it wishes. It is this Love that is the fruit of the Divine Spirit, who sends it to the World to ennoble Life. (p.102,106,111,114,117,123,133,137)

It is difficult for us to explain and exactly define the essence of the fall of Adam and Eve, thus identifying it with the very sexual act by which the Lord condemned Eve to suffering, conceiving and giving birth to children on Earth in torment and pain. But in Heaven, sexual relations between Adam and Eve presented the expression of joy for one another. On Earth, however, this joy brings them disappointments and destructive passions.

Trying to understand this mystery, we escape the fact that by expelling them from Paradise, God sends Adam and Eve **to the school of Life** - where they can study Faith and Love. And the only reason for this Divine decision is the doubt that has crept into the souls of Adam and Eve. The doubt that comes to test the human Spirit and the human Will to Life and Faith in the **Divine Power that sustains the World and man**. Because both of them tried and wished to have the power of God, through which they could create the World on their own, without being ready for it.

And its name, the name of this power is the very forbidden fruit - Love. (p.133,137)

It is time to realize that it is not the fruit but its vicious consumption that is forbidden. This abuse, this quest for possession, which causes misery and sin in human life. As we have already mentioned, Love cannot be bought or sold, owned or used for personal purposes, it can only be freely given and received. That is why Love is born and grows only on the Tree of Life. (p.19,104,106,108,111)

Until this moment - until the moment when the coronavirus disappeared, overwhelmed by the return of our will, after conquering the world with its pandemic, tempted by our vanity and weakness, we had **developed our world on a trial-and-error basis** for dozens, hundreds and thousands of years. Today, however, it is time to take responsibility for our chaotic rehearsals. It is time to admit that because of our addiction to greatness, behind which we hide our laziness and ignorance, we **do not make even an effort to learn from our mistakes**. Out of pride, we fail to realize that this is how we allow each mistake to lead us to the next. **We do not see that as we struggle to impose our Ego on others, we sink with them, dragged to the bottom by the floating sands of common doubt, disbelief, fear, resentment, and ignorance.** It is time to realize that by reaching hand out, we are able to stand up, thanks to the trust and support of others, who give us the opportunity together to move up to the Light, to our dreams and universal well-being.

It is time to trust God in ourselves and the Good in others!

In order to live in Paradise, we must be good conductors of the all-merciful, all-good and all-true will of God and **worthy bearers of Love**.

Where there is abuse of Love, the chaos, unbelief, disease and death are rulling. We call such a place Hell. **The place where one falls to learn to unquestioningly serve Love.**

It is time to burn the rotten timbers of doubt, ignorance, selfish ambition, lies, disbelief and fear, on which we try to continue to build our lives. **We came to this World to learn to live and love.** It is time to give up our ambitions and attachment to the comfort of our selfish Self and start working and fighting until we find and deserve the Love in our lives.

It is time to make this Supreme Love the ideal of our Self, the foundation of our new home in which to build our New Life. Because, where Love grows, Life reigns in abundance, order and joy. **A life in which there is no Good and Evil, righteous and sinful, but only Perfect beings who striving and caring for the harmonious flow of Love.**

If we think about it, we will establish the fact that no matter what religions man invents, no matter what laws he imposes, the Righteous One is the one who is afraid to sin, and the Sinner One is the one who deviates from the understandings of the Righteous One. Both the righteous and the sinful, however, are criminals in Love if they turn it into hatred, if they use it, neglect it, or trample it for selfish purposes.

Love is the only Supreme Law, which operates over everything in the visible and invisible World, and which man cannot impose, nor change or revoke, nor correct or apply in order to accuse, condemn, exonerate or to be justified. One can only live according to this Law of Love.

*The only principle of this universal law is: The more, this more!
Or simply: "As much, this much!"*

In order to be able to live according to the Law of Love, we must first of all master the ability to multiply. So far we have learned to collect, crush and divide. But we don't have to be great at math to learn what and how to extract and subtract, what and how to share, and what and how to multiply in our lives.

We consider that perfect love is unconditional - the one that will not hold us accountable. But we cannot calculate or demand from Love! We can only accept her as she is and give her the best we can.

Because Love is the most demanding power in the World. Love requires us to be perfect and always knows how to achieve this demand.

We believe that the Soul is immortal and that after death a new life awaits us, in which everything will be forgiven and everything past will pass us by. But we do not realize how every day we kill our Souls with disbelief, doubt, hatred, lies, resentment and ignorance. Blinded by fears, ambitions, anger, malice, pleasures or disappointments, we do not see how we live and waste our lives in ruin, and we remain soulless. And without souls we can only pass from life to death.

If we today are unable **to find Love in ourselves and keep our Souls alive in it**, then the desires and sufferings of billions of Adams and Eves will remain absolutely fruitless to this day. Only Love is the one that leads our Souls from life in Life.

And in the New Life await us "... a new heaven and a new earth, for the former heaven and the former earth had passed away, and the sea was no more." (Revelation 21: 1) Because the New Life wants us with a new body, a new consciousness and a new spirit - the Body and the Spirit of Love. And there will be no water, because we can only enter there without the "Pandora's Box", in which we have locked the sea of fears, sins and suffering. We cannot pass there with the old burden of the Subconscious (*p. 6,15,34,36,102,143,146*) from which disbelief, disappointments, doubts, dissatisfaction, envy, ambition, hatred, memories of guilt, pain and mistakes constantly spring.

The new life requires our Consciousness to be absolutely awake, pure and whole, and not divided into parts: under- and over-, good and evil, dark and light. Once we have acquired the Spirit, the Body and the Superconsciousness of Love, we become absolutely incapable of hurting the Soul, we acquire full immunity against hatred, fear and death, which in no way can exist in the New Life.

This is the task of this handbook on "ALCHEMY OF HEALTH".

To strip us of the old clothes of prejudice, impurity, lies, anger and resentment, and to show us how to build layer by layer our New Body and New Spirit with the help of the Seven Life-Giving Forces, guided by Love.

We don't have to wait for millennia for the New Life to come, just as we don't have to "die to go to Hell or Heaven ..." Because the New Life is already Here since millennia. We need to become worthy to enter the New Life. The keys to access are in us. We just have to work hard to earn and get them. Just as we can not enter the Paradise, if we are unable to get out of Hell alive, healthy and whole, because the way to Paradise passes through Hell. (*p.37-38*)

And the Portal to the New Life is located at the end of Paradise in us - at the very source of Love. (*p.19,37,94,99,114,146,153,157,170,190,198*)

It is important to realize that every moment spent in fear, doubt, malice, envy or thirst for possession is irretrievably lost in time. **But every moment in which we create, in which we learn, rejoice and love, paves the way for us to the New Life.**

The only fear we must have is the fear of losing our Soul in the darkness of our reckless thoughts, actions, and intentions. Because the **Soul is our only connection with Love**, God, Life and Eternity. (*p.117,123,133,147,153*)

The only "life insurance" we need **to invest in is our personal Light** to illuminate the darkness within us and around us. (*p.37-38,137,143,155*)