

Therefore, we need **to apply constant control and hygiene on our subconscious**, just as the colon needs the same to comply with the circadian regime. (p.15,17,25,36,99,146,155)

When, for example, we unconsciously and automatically succumb to undesired habits, moods and external influences, it is a signal that negative impressions and feelings are invading us from the Subconscious, without provoking them with our conscious thinking. In such moments it is time to bring order to our thoughts and emotions, **to drive away the bad mood with useful activities**. On the other hand, in order not to pollute our Consciousness, we must take care of the regular function of the Colon and the purity of our Mental Energy. With stagnation in the colon, along with "explosive" gases, toxic bile acids remain circulating for a long time in the body. **The meridian of bile energy** passes through the areas (nape and behind the ears), **where our Subconscious usually stores the negative** from unpleasant events. These negatively charged structures are ready to "explode" at any moment and to provoke violent reactions, obscuring perceptions, thoughts and Consciousness, if we have not managed to realize them and release them in time. (p.31,36,45,57-58,102,106,108,109,111,112,132,137,141,148,161)

A small molecule in our body, for example, called ACE - the angiotensin-converting enzyme, controls the way we use Life Energy and plays the role of the "Right Hand of Nature." This molecule is responsible for our blood pressure, hormonal, hydro-mineral and immune balance in the body. Today, pharmacology identifies it as the main culprit for high blood pressure and is making great efforts to develop pills that inhibit its synthesis. However, it turns out that its systemic blocking leads to mental disorders, dementia, metabolic and autoimmune diseases, along with an increase in inflammatory processes in the colon. It is this molecule that hosts the Corona-Virus in the Lungs. When we waste life, with it Nature grabs us by the throat and says: "I do not give! I no longer allow the dissatisfaction of your insatiability to poison the Love and the Air, with which I saturate you abundantly, so that you may rejoice, live and create together with me in harmony, purity, peace and beauty!" (p.15,121,125,135,139)

THE ASTROLOGICAL GUARDIAN OF CONSCIOUSNESS

The large intestine constantly strives to maintain balance in "Our Lower Kingdom", where the transformed essences of oxygen and Light are worked out (p. 102,111,131,137) and where the body and Consciousness (our "Upper Kingdom") are freed from negative energies and unnecessary substances. **The colon maintains the purity of gas exchange in our lungs, brain and blood**, with the help of the energy elements of Fire (yang) and Metal (yang), under the astrological influence of the planet of Justice - Jupiter, whose earth warrior is Sagittarius. **The astrological task of Sagittarius is to keep the pure from the impure at all levels of our conscious activity on Earth**, so that we can see the Traps that our Mind tends to set in the areas of Subconscious, Consciousness and Superconsciousness. The arrow of **Truth is the powerful weapon of Justice**, maintaining balance and equilibrium in the visible and invisible Being. *Without Love, i.e. without Faith, Truth is fatal. And without Wisdom, i.e. without Power, we cannot carry the Truth in our Hearts.* (p.15,19,38,99,146,133,137,177,182)

THE PROTECTIVE POWER OF LIGHT

If the Truth - ie. The life energy, flowing freely through our bodies and life, it resonates simultaneously in the Mind, the Heart and the Will. But if in these centers we feel splitting and stratification of Consciousness, it is a signal of an unhealthy process. **In the Fire of Love we can forge the most stable shield of the Will, with which to keep the Truth.** This fire can transform the Iron Ego, depending on the clarity of our Mind. Only a pure Mind can perceive and fill us with the Power of the Spirit. Only with bright and pure thought we can generate and radiate the healing Light to all levels of Consciousness and in our Life. (p.37,69,80,94,102,105,106,111,117,135,137,153,173,177,184,191)