

Table 12: THE TWELVE CYCLES OF TOXEMIA AND THE SEASONAL MANIFESTATIONS OF DESTRUCTIVE ENERGY IN THE TWELVE ZODIAC SIGNS

<i>Zodiac sign / Month / Planet (p. 93,170)</i>	<i>Destructively used (energy / zodiacal) motif (p.192)</i>	<i>Affected ruling energy meridian (p. 24,94)</i>	<i>Affected organ / disease / Destructive manifestation (p.190)</i>	<i>Gradual manifestations of toxemia preceding the disease (p. 55)</i>	<i>Meridian with activated destructive energy (p. 20,24,93)</i>
Water Fish March (p. 107) <i>Sinking Neptune</i>	Servicing (p. 106)	Stagnation of Yin energy in the meridian of the liver. Element drowning Wood	Lymph, poisoning, colds, feet, toxicity (p. 171-172)	Weak anti-oxidant protection (p. 60,85,123,160)	Yin energy stagnation in the spleen meridian. Element Muddy Earth
Fiery Aries April (p. 113) <i>Rising Mars</i>	Existence (p. 111)	Yang stagnation in the gallbladder meridian. Element Rotting Wood	Acne, eyes, head, face, scalp, brain, headache, dizziness (p. 173-174)	Weak function of the small intestine to separate the pure from the impure (p. 115,133,158)	Yang stagnation in the meridian of the stomach. Element Flooded Earth
Earthy Taurus May (p. 41) <i>Azwaikening Venus</i>	Possession (p. 117)	Yang stagnation in the meridian of the Triple Heater. Element igniting Fire	Thyroid gland, throat, bronchi, cough, voice (p. 179-181)	Constant feeling of hunger, lack of oxygen, slow metabolism (p. 39,99,159,163)	Yin energy deficiency in the meridian of the Kidneys. Element Stagnant Water
Air Gemini June (p. 118) <i>Rising Mercury</i>	Thinking (p. 117)	Yin stagnation in the Pericardial meridian. Element Burning Fire	Hands, wrists, shoulders, runny nose, lungs, breathing, nervous system (p. 175-176)	Difficulty passing stools, poor blood circulation (p. 89,115,102,144)	Yang stagnation in the bladder meridian. Element Evaporating Water
Water Crab July (p. 119) <i>Setting Moon</i>	Feeling (cmp. 117)	Yang energy stagnation in the small intestine meridian. Element smoldering fire	Chest, chest, pancreas, stomach, ulcer, stomach gas, tumors (p. 171-172)	Lymphatic stasis, delayed renal activity, high acidity (p.74,127,137,149)	Yin energy deficiency in the meridian of the Heart. Element Fading fire
Fiery Leo August (p. 120) <i>Sunset</i>	Command (p. 117)	Stagnation of Yin energy in the meridian of the Heart. Element Flame	Back, spine, exhaustion, heart, inflammation (p. 184-185)	Deposition of uric acid in the soft tissues around the joints (p. 62,79,111,115)	Yang energy stagnation in meridian of the small intestine. Element Burning fire
Earthy Virgo September (p. 124) <i>Setting Mercury</i>	Consideration (s. 123)	Stagnation of Yin energy in the meridian of the spleen. Element Dry Earth	Intestinal tract, constipation, digestion, assimilation, solar plexus (p. 175-176)	High cholesterol, lipid peroxidation, atherosclerosis (p. 27,106,111,117)	Shortage of Yin energy in the meridian of the Pericardium. Element Spark

Air Scales October (p. 134) <i>Sleeping</i> <i>Venus</i>	Judgment (p. 133)	Stagnation of Yang energy in the meridian of the Stomach. Element Sandy Earth	Kidneys, adrenal glands, hip area, diabetes (p. 179-181)	Slow metabolism in the liver and muscles, overweight (p. 32,39,88,150)	Yang stagnation in the meridian of the Triple Heater. The element of Embers
Water Scorpio November (p. 138) <i>Cooling</i> <i>Pluto</i>	Desire (p. 137)	Yin stagnation in the meridian of the Lungs. Element hot Metal	Rectum, colon, excretory system, genitals (p. 173-174)	Contamination, dehydration, oily skin (p. 79,111,144)	Yang stagnation in the meridian of the colon. Element melting Metal
Fiery Sagittarius December (p. 145) <i>Rising</i> <i>Jupiter</i>	Perception (p. 144)	Yang energy stagnation in the meridian of the Colon. Element Cutting Metal	Thighs, liver, neuropathy, sciatic nerve (p. 177-178)	Increased cortisol, genotoxic stress, decreased hemoglobin (p. 15,45,102,137)	Yin deficiency in the meridian of the lungs. Element exhaustive Metal
Earthy Capricorn January (p. 100) <i>Rotting</i> <i>Saturn</i>	Use (p. 99)	Stagnation of Yin energy in the meridian of the kidneys. Element Muddy Water	Bones, joints, arthritis, rheumatism, stones, knees, skin, psoriasis (p. 182-183)	Tissue decay, aging (p. 42,66,106,150)	Yin stagnation in the meridian of the liver. Element Cutted Tree
Air Aquarius February (p. 103) <i>Decomposing</i> <i>Uranus</i>	Knowledge (p. 102)	Yin stagnation in the meridian of the bladder. Toxic Water Element	Ankles, blood, circulation, cramps, varicose veins (p. 182-183)	Fibrosis, cellulite, malignant changes (p. 85-87,112,144)	Yang stagnation in the meridian of the Bile. Element Drying Tree

The processes of destructive energy, which we tend to activate in our body during the different seasons, not only potentiate the manifestations of toxemia, but are also directly proportional to the acid-forming and alkalinizing reactions caused by them.

For example, the stagnation of body fluids in the summer causes their increased acidity, but also potentiates the alkalinizing processes that cause mineralization and depletion of the necessary water in the cells. This, in turn, causes dehydration and activates degenerative processes in our skeletal system. Subsequently, with the onset of autumn, our body will be forced to balance these alkalinizing processes, activating strong acid-forming reactions. The high acidity will make us chaotically eat carbohydrates and sweet fruits, which will further complicate and deepen the damage from toxemia. At this point, our body and the energy of the Spleen will be in dire need of the vital minerals and trace elements vital for renewal and cell regeneration, which, however, we have again depleted in advance, this time to control our "sour mood". (p.51,62,73-79,111-112,121-123,127-130,137,149)

It is clear that if we do not provide and timely harmonize the necessary conditions for the normal flow of Life Energy in our bodies and in life, no matter how much we drink clean water, it will not be able to prevent dehydration, but will only potentiate the stagnation of body fluids and their acidification. (p.132,166,170) Nature does not tolerate stagnation and waste of energy, it simply keeps things in balance. Each inharmonious action has a specific counteraction, but each harmful inaction is rewarded with a stimulating portion of influence. When we do not resist, (p. 153) or we react or influence the circumstances that are not under our control, we disturb our own balance and harmony.