



Fig. 8: Heptagram of the Seven Life Forces, the Energy Elements, the Planets, the Yin and Yang Organs, the Zodiac Signs, the Soul Aspiration and the Mental Manifestation

Part II: THE LORDS OF LIFE

How do we perceive and care for potential, and how do we use the benefits that Life has given us?

In this Part Two we will try to understand the basic principles that drive the Life Energy and that maintain the balance of energy flows in our body. We will take a closer look at the functions and energies of the five main Yin-storing organs of our body: kidneys, liver, spleen, heart, lungs, but also of their supporting Yang-organs: bladder, bile, stomach, small intestine, colon. (p.21,94)

We will look for the patterns of interaction between Yin and Yang energies during the different seasons, and the impact of the Zodiac signs and their ruling planets on our health, emotions and mind.

We will try to find and master the mechanisms that can unlock the manifestations of Destructive Energy in our Life. (p.57-58,190)