



The Revelation of St. John the Theologian is the only biblical text that has not been altered due to the curse against substitution at its end. "The strong of the day" who have the ambition to write World's history have always been horrified by the fact that **those who speak the Truth** - speak from the Soul and the Heart, or according to an old German expression - from their liver (pp.106,114,131), and **have the power** to embody the Spirit and create world events, no matter how history reflects them in the annals.

Every day, for 2,000 years, the world has been waiting for the "Second Coming" to appear and fix the human life and bring Justice to the Earth. The Apocalypse as it is called in Greek, happens constantly at every moment with each of us, but few have the senses to perceive the **Revelation with God**, the Holy Spirit and the Supreme Mind - the unattainable power that gives us the Life. It is strange that even today, translations of the Bible and sacred texts of world religions are still trying to replace or subordinate the Truth to the interests of those in power, although history has consistently shown that there is **only One who has power over Life in all its manifestations**. As long as we irresponsibly create circumstances that exhaust life, instead of reasonably using the conditions that Life itself gives us, we will live and die in lies and deception! Every day we fill our minds, lungs and bodies with negativity, poison our lives with hatred and stupidity, and "expect clean water to flow from the septic tank in which we store it." We justify ourselves: "The Truth, has many faces and everyone understands it in his own way!" But there is always a day when we will not be able to justify ourselves. **The Truth is therefore trusted, because it has only one true answer!**

Like the Love (p. 133), the Truth cannot serve anyone's interest, but the wrong response to their revelation throws irrational life into complete chaos, fear, and destruction. This is the meaning of the "Hall of Two Truths" in Egyptian mythology - one is the Truth of the right answer and the other of the wrong. There, heartlessness and ignorance have no excuse or justification... (p. 6)

The same is the princip of functioning of our Lungs - the left lung expels dirty air, and the right lung absorbs oxygen and fresh energy from clean air. If our lungs replace their functions, or begin to half-inhale and half-exhale, as we often replace truth with falsehood or half-truth, we would suffocate from our own poisons. In this regard, it is interesting to note that the life essence (p. 22) of Scorpio, to which this chapter 8 of the "Alchemy of Health" is dedicated, and which is one of the most ancient animals in the world, whose evolution can be traced until 435 million years ago, at the dawn of Earth Life, is a hemolymph that sifted the pure from the impure to store it in the sting of the tail in the form of poison intended for the enemy. In addition, Scorpio's lungs are like the leaves of a book, which absorb oxygen and exchange gas, even without inhaling air. (p. 40,131,137)

We believe that when we breathe, we are alive **without realizing the Breath itself and the fact that it is God's favor, faithfulness, and trust in ourselves, regardless of our doubts.** For the unfaithful and the unreasonable, the Truth is poison, and for the pure and bright in mind and heart, it is **the Elixir of Life**, with which our Lungs fill and saturate us every moment. (S.19,42,133)

Truth is the only cure for stupidity - the most dangerous pandemic today!

The lungs are the masters of the Life Energy in our body. Although the blood circulation is controlled by the heartbeat, the circulation of vital energy and blood depends entirely on the function of the lungs, to enrich them and renew them with oxygen from the inhaled air. **The lungs also support and regulate water metabolism, gas exchange and the excretory system.** They help to form urine, moisturize tissues, skin and hair, open pores and sweat glands, but also maintain normal gas exchange in the gastrointestinal tract, stimulate the excretion of solid waste. This function of the Lungs is maintained by the Colon, through the joint activity of the Stomach and Spleen. (p.13,18,21,73,91,102,115,121,125,139)

If lung function is weak, this will be expressed in excessive sputum production and salivation, swelling of the face, but also in a slow heart rate, and hence insufficient enrichment of the blood with oxygen. Impaired heart function, in turn, will affect lung activity, expressed in rapid breathing, coughing, dryness of the respiratory tract. This can slow down kidney function and potentiate the retention of urine and fluids in the body. (p.12,27,33,73,95) **The nose is the opening of the lungs to the outside world.** The sharpness of the sense of smell is a sign of good lung function and a sharp mind, but it also speaks of the purity of Consciousness. Mental and Conscious activities are directly dependent on the supply of oxygen to the brain, but are also influenced by inhaled aromas, unlocking certain levels of our sub- and superconsciousness. (p.14,36) Spicy taste, for example, inflames emotions and potentiates bile stasis, but unlocks the sense of smell, frees the bronchi and stimulates our perceptual abilities. (p.21,111)

Our intuitive power is controlled by the thyroid gland, but it is dependent on the lung function that controls our consciousness. (p.15,36,39,69,91,112,116,131,137,186,191,195)

The lungs are the main organ that nourishes the reservoir of Yin energy, controlled in our body by the Kidneys. (p.20,24,95-100,125,132)

Metal is the energy element that regulates the activity of the Lungs, carrying and conducting the inhaled energy from the Air. **Important trace elements** in our body, such as copper, cobalt, iron, zinc, manganese, chromium, selenium, molybdenum, play an important **role in protecting the lungs and tissues from oxidative damage,** participate in the cellular respiratory chain and in important enzyme and metabolic reactions, help blood enrichment with inhaled oxygen. **Iron,** for example, is a major precursor to the formation of red blood cells and the hemoglobin they contain. (p.92,111,114) **Hemoglobin** is the main carrier and supplier of oxygen in the blood, but it is also important for energy supply and excretion processes, and helps to eliminate carbon dioxide. **When lung function is weak,** then hemoglobin is primarily involved in the elimination of carbon dioxide and other waste gases in the blood, which is a **prerequisite for acidification** of body fluids due to lack of oxygen. **The low content of hemoglobin** in the blood is a prerequisite for poor oxidation, insufficient oxygen supply to tissues, poor blood circulation, stagnation of lung function. This condition often leads to the development of anemia. (p.44,53,, 61,63,73,74,76,92,106,111,113,114,128) On the other hand, **when the function of the colon is weak** due to impaired splenic, gastric or hepatic activity due to dietary and other errors, it is prerequisite for retention and generation of harmful gases and carbon dioxide in the blood, but also for **stagnation or depletion of minerals and anti-oxidant trace elements.** That is why it is necessary to maintain a healthy diet, emotional and motor regime, which supports the normal spleen, gastrointestinal and lung function, to separate the pure from the impure.

Emotions such as grief and sadness, for example, can be a prerequisite for **slowing down and even holding back the gas exchange** in our body, and from there to stagnation of lung energy and excretory function. (p.12,27,33,46,59,63,74,79,91,98,111,130,143,165) **When the excretory function is stagnant,** the potential of **the nourishing spleen energy** to reach the brain weakens, which in turn **slows down our mental and conscious activities.** Also, this condition leads to a general load of cells with toxins and free radicals, which potentiates the **detoxifying function of the spleen** to cause the breakdown of damaged blood cells. **Thus,**

more of the free trace element iron will be stored in the liver and blood, at the expense of the vital hemoglobin in the erythrocytes. (p.53,57-58,64,85,92,111,114,121,160,177)

Why do the generally accepted prescriptions for increasing hemoglobin not always achieve the expected results? Conventional measures to increase hemoglobin, in anemic and other diseases, recommend: increased intake of pork, vitamin B12, folic acid, iron supplements. In the context of the topics discussed so far, these measures would lead to increased toxicity, acidification of the blood and further exacerbation of the problem. (p.62-63) Why? **It is the oxygen binder that can potentiate the synthesis of hemoglobin-rich red blood cells.** Oxygen not only stimulates the circulation of vital energy in our body, but also supports the participation of kidney, spleen, stomach and liver functions in energy and blood synthesis, and in the production of immune cells. (sr.80-92,95,104,110,121,128,131,133,162)

Oxygen is the element that supports our lives, but in order to be able to circulate freely and properly in our body, it is first necessary: (p.18,88)

- Get rid of negative emotions, especially those of grief, anger, envy, that slowing down and exhausting kidney and lung functions. (p.12,21,27,32-36,42,95-99,111,133,150,151,152,173)
- To restore proper breathing and heart rate. (p.13-17,91,106,111,117,130,132,167,171,177,186)
- To distinguish the pure from the impure food, feelings, emotions, habits, intentions, actions, and to avoid the retention and delusion of the negative. (p.29-31,86,148,159,160,163,182)
- To free our minds from prejudices, fears and primitive thoughts. To learn to receive freely, but also to give of ourselves. (p.16,17,29,42,86,91,99,133,175,161,179,184,189)
- To strengthen and detoxify our Liver and Will. (s.37-38,59,68,105,112,114,131,153)

THE ASTROLOGICAL RULER OF THE SPEAR OF DESTINY

The Lungs are the rulers and bearers of the Conscious Energy that supplies us with Oxygen, Light and Life Forces, without which our brain and cells cannot function and carry out Life in our body. Our Lungs function due to the elemental interaction of Water (yin), the reservoir of Consciousness, and Metal (yang), a conduit of *the Primary and Intuitive forces* in matter. (p.13,15,20,21,36,40,41,51,63,92,94,102,111,114,157,191)

The lungs carry out our unconscious breathing under the astrological influence of the zodiac sign Scorpio. **The astrological task of Scorpio** is to master the *Primordial power* that the Divine Consciousness has inspired in our bodies, through intuitive knowledge, purification and opening of the Subconscious to the fruitful energies of the Spirit.

Love carries the Divine breath, which revives the Soul and gives Light to the primary Intuitive power, with which we anticipate and read the signs of Destiny. (p.17,32,37,91,116-117,123,133,148,179,192)

THE ASTROLOGICAL KEY OF LIGHT

It is the Mind that can unlock our Consciousness, Heart and Intuition in order to perceive the life-giving forces of Light. **Thanks to the Light** we can become good conductors of Love, Truth and Wisdom, mastering the destructive forces of the Ego. (p.31,37-38,131,146,155,159)

In order not to waste Life, through the darkness we tend to accumulate in ourselves, it is necessary **to maintain the purity of thought** that opens our lungs to the energy of Infinite Potential, but also to take care of the purity of our feelings and body. (p.29-31,32,36,59,99,102,106,114,111,133,144,160,173,177,182,184,186)