

In order to keep the "BUTTERFLY OF LUCK" landed on our shoulder, it is necessary to balance our emotions and wisely follow our dreams without turning them into stones on our personal path to happiness. **We perceive intuition as our sixth sense**, which protects us from trouble by anticipating events. When we ignore this feeling, we gradually lose our sense of it, subordinating intuition entirely to the impulses of our emotions, ambitions, whims, dictated by our Ego. Thus, intuition remains locked on a physical level, circulating between our desires, passions, hunger, conditioned reflexes and hormones, causing various physical ailments that we must subsequently fight. **In search of the causes of lost happiness in the world around us**, we wander through the "labyrinth of our psyche", unconsciously producing defects and failures that destroy our true values and gifts, leaving them deeply buried in the "Ark of our Soul". Blinded by the brilliance of the rewards that the Ego promises us, we miss the chance **to meet and manifest Our True Selves**. We pass the "threads of Ariadne" and remain deaf to the voice of Intuition, which quietly but constantly whispers to us: "*...to be happy is the way ...*" telling us the right choice - the direction of Our Personal Path. (p.16,29,36,37-38,43,146-148,149,150,152,153,156,170)

It is the thyroid gland that forces us, consciously or not, **to become acquainted with the true nature of our Ego**, sending us various physical or mental tests through hormonal signaling, some of which are autoimmune in nature. (p. 43,57,86,160,192) Thus, our Sixth Sense forces us to go deeper into the "Fortress of our Ego", to listen to our inner voice, **to rediscover the "Temple of our Self"**.

THE ENNOBLING POWER OF INTUITIVE ENERGY

In order to be able to fully use the Intuitive Power, it is necessary to know and **master the primacy in all its manifestations**. Reactive Calcium (Ca ++), controlled by thyroid hormones, is the carrier of the Primary Force in our bodies, expressing our Ego and conductor of Intuition. The reactivity of calcium, which determines the health of the skeletal, immune and cardiovascular systems, depends on the way we use the Primary Force. **The insight of our Intuition** depends above all on the Cordiality with which we treat ourselves and others. Hard-hearthidness, for example, stiffens bones and joints, calcifies blood vessels, arteries, and even! our intuition, and faint-hearthidness "eats the muscles and phosphorus in the bones." **The power of our Soul** (*applied bodies through magnesium Mg ++*) can **unlock our Heart Energy** (*expressed through the element of chlorine Cl- in our bodies*) with which we can freely receive and give **the Love of the Spirit** (*carried by phosphorus P*). Adenosine triphosphate (*containing three phosphorus molecules and forming a powerful energy complex with magnesium ATP-Mg²⁺*), is the cellular energy currency (*the physical expression of Spiritual Power*), through which almost all life processes in our body take place. Energy exchange, ie. **the Intuitive circulation in our life depends on the Heartiness with which we apply the Primary force in the three levels of Consciousness**, manifested on a physical level through the elements of Intuitive Potassium (K⁺), Reasonable Sodium (Na⁺) and Conscious Sulfur (S). (p. 51,157) **Only in a state of inner peace can we perceive the voice of Intuition**, which gives us the necessary solutions. In our bodies, this balance is maintained by the elements of potassium and chlorine. Cellular metabolism, which synthesizes ATP energy, is driven by sodium-potassium transport, depending on the electrochemical charge of calcium. (p.13,14,15,17,18,29,33,35,36,44,51,63,100,102,111,117,123,132,133,137,144,145,174,176,179,182)

CONSCIOUS METABOLISM - A CONTRACT FOR A FULL LIFE

Life is a constant confidential exchange of Love. *Our metabolism shows whether we are good conductors of Love, whether we bring enough care and gratitude into this trusted partnership with life.* (p.13,17,32,43,93,99,144,157,161,189)