

2.2. The essence of Life

Each appearance of Life has its own specific and individual Life energy, and this specificity lies in the "essence" of its origin. The essential characteristics of manifested life are recorded on special information carriers, such as DNA, the cellular or molecular structure of any matter through which life flows or has passed. These carriers or structures characterize the type and specific features of life - flower, tree, man, bird, but the Essence of life also determines the strength and quality of the flowing life energy. This vital essence, for example, lies in the aroma of plants, in the healing powers of the juices that flow in them. The aroma of a flower express the strength of its life energy. The essence of Life is a concentrated Life energy, with certain characteristics, information, properties and specific purpose in the "matrix of life". The DNA of our cells, for example, contains the programs and formulas that make up our specific traits or genes. The genetic resistance of our DNA depends on the stability of the bonds between the negative charge of the potentiating Yin elements (nucleic acids) and the positive charge of the constituent Yang elements (alkaline proteins). In this regard, the alkaline elements of DNA aim to balance the reactive charge of acids, as to realize the potential of reactivity of their Yin energy in order to build a stable structure. (p.44,70)

Blood is the carrier of the Life Energy in our body, but it is also the essence containing the life-giving substances obtained from the qualitative interaction of the life forces Yin and Yang. (p.92)

High concentrations of specific Life Energy are found in: the crystal structures of some precious and semi-precious stones, in the roots of plants generating large amounts of Life Energy, in the specific cells of man and woman creating New Life, in the aromas of essential plants, in the mountain atmosphere and forests.

Over the last two centuries, pharmacology has studied, intensively and feverishly, the chemical formulas of the various "genetic" essences of minerals and plants with beneficial physiological effects, and especially herbs that have traditionally been used for millennia to maintain health and treat various diseases. . Today, science is trying to reproduce the "Essence of Life" chemically, but is it really possible? From the point of view of matter and DNA multiplication, this is entirely possible, but the question of the quality of the energy characteristics, potential and charge of the products of pharmaceutical synthesis and genetic engineering is still unclear.

The vital forces of plants

The plant world of the Earth is the carrier of a significant part of the Life Energy of our Planet. Plants maintain balance and nourish the atmosphere and soil through their specific metabolic processes. A large part of the plant world provides complete food and essences, containing beneficial and healing energies for Life on Earth.

Plants are the ones that give complete food to the animal world and man, rich in vitamins, minerals and complete nutrients.

It is amazing that each plant contains a specific Life Essence, which plays an important role not only in nutrition, but also in maintaining the energy balance of a specific organ in the human body. (p.51,59,62,63,168)

Astonishing is the fact, that the concentrated Life Energy in the essence of each specific plant is tend to be designed to maintain a specific energy vibration or balance between Yin and Yang in the respective energy meridians of our bodies. (p.24,57-58,94)

Although the plant world offers us an abundance of beneficial food, rich in a variety of vital essences, nowadays, we most often enjoy their life-giving action when we experience malaise (in the form of herbal infusions) or disease (in the form of concentrated "medicinal" extracts - often pills whose chemical formula is laboratory-synthesized and as such devoid of the presence of essential life energy). When we systematically use the "chemical copy" of plant vital substances, in the form of synthetic extracts or meat, huge amounts of toxic metabolites are deposited in our tissues. Thus we deprive ourselves of the beneficial effect of the Life Essence generated in plants and slow down the circulation of our own Life Energy due to the toxic load. Often, we overlook the fact that the substances in meat that we consider vital are actually the result of the plant-based diet of animals that we breed under stress. (p.43,47,49,54,59,61,65,169)

Table 4: EXAMPLE OF QUALITATIVE INTERACTION BETWEEN PLANT ENERGIES AND ENERGIES FLOWING IN THE ORGAN SYSTEMS OF OUR BODY

Organ system / body organ	Energy charge and function of the organ system		Plant	Plant Energy charge and impact of vital plant essence	
	Governing energy flow	Energetic function		Energy charge / Life essence	Physiological impact
Liver	The nascent Yang The tank of Yang	Blood storage, Detoxification Metabolism	Cichory - 	Yang –Sun Infusion leaves and flowers: cichoric acid, chicory	Balances Yang, eliminates stagnation of Yin and toxins in liver.
Heart	Yang in action	Blood circulation, Rhythm	Ethereal rose 	Yin-Venus Infusion flowers, essential oil: with over 300 components	Soothes Yang, tones the heart rhythm and vessels.
Spleen, Pancreas	The boundless potential of Yin and yang The Beginning and the End	Immune System, Movement, Separation, Peace	Calendula 	Sun-Venus ,Yang-Yin in the balance Infusion flowers, extract: calendula carotenoids	Balances and nourishes Yin and Yang, Detoxifies and tones immune cells
Lungs	The nascent Yin	Breathing, Purification	Camomile 	Yin - Venus Essential oil, flower infusion: Hamazulene, Apine, Marticin	Nourishes Yin, removes pathogenic heat, cooling and immune system stimulating action.
Kidneys	The tank of Yin – the source of the original vital energy	Hormonal and hydro-mineral balance	Lavender 	Neutral to slightly Yang - Mercury Essential oil, flower infusion: Linalyl acetate	Stimulates immune cells, soothes and balances Yin, regenerative action.